



## FENNUGREEK SEED

**Botanical Name:** *Trig foenum grecum*

**Common Name:** Greek clover, *Trigonella foenumgraecum*, fenugreek seed

**Medicinal part:** Seed

**Description:** Fenugreek (*Trigonella foenum-graecum*) is an annual plant in the family Fabaceae, with leaves consisting of three small obovate to oblong leaflets. It is cultivated worldwide as a semiarid crop, and its seeds are a common ingredient in dishes from South Asia.



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